

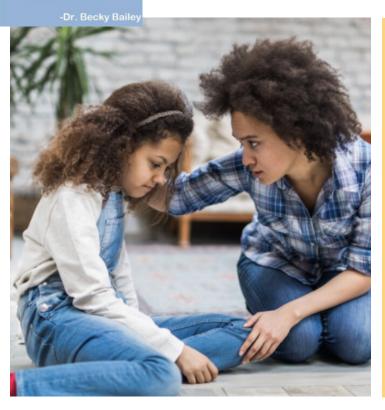
CONSCIOUS DISCIPLINE

"The messages we send our children today will be the messages they tell themselves tomorrow "

SIX TOTAL DATES: **FEBRUARY 24, 2021** MARCH 3RD, 10TH, 24TH, 31ST &APRIL 7TH

VIRTUAL PRESENTATIONS: **FROM 1:00 PM TO** 2:00 PM

RSVP USING THIS LINK: GOOGLE FORM



WHAT WILL YOU LEARN?

All About Brain States - 2/24

Safe Places and Composure - 3/3

Connections & I LOVE YOU Rituals - 3/10

Noticing - 3/24

Visual Routines - 3/31

Assertiveness - 4/7

WE WANT TO ENGAGE WITH YOU AS PARTNERS IN BUILDING HEALTHY. **BRAIN SMART FAMILIES THAT HELP** CHILDREN GROW AND LEARN

- ♦ Avoid teaching the very behavior you want to prevent.
- behavior.
- Make your parenting language effective.
- ♦ Teach the skills of cooperation and caring rather than domination and fear.
- Know your child. Know what's normal.
- Create a positive, healthy relationship with your child.



There will be ◆ Understand the need your child is seeking to fulfill by their Drawings for Door Prizes at Each Virtual Session

> Those Who Attend all Six Virtual Sessions will be **Entered into a Final Drawing for two \$36 Gift Cards to Price Chopper**